

	<b>DEPARTMENT OF PUBLIC SAFETY</b>  <b>CORRECTIONS ADMINISTRATION</b> <b>POLICY AND PROCEDURES</b>	<b>EFFECTIVE DATE:</b> 10/09/07	<b>POLICY NO.:</b> COR.10.1F.01
		<b>SUPERSEDES (Policy No. &amp; Date):</b> NEW	
	<b>SUBJECT:</b> HEALTH EDUCATION AND PROMOTION		Page 1 of 2

## 1.0 PURPOSE

The purpose of this policy is to that inmates are provided information and education regarding self-care so that they may take an active role in making healthier lifestyle changes.

## 2.0 REFERENCES AND DEFINITIONS

### .1 References

- a. Hawaii Revised Statutes, Section 26-14.6, Department of Public Safety; and Section 353C-2, Director of Public Safety, Powers and Duties.
- b. National Commission on Correctional Health Care, Standards for Health Services in Prison and Jails, (2003).

### .2 Definitions

- a. Health Education: Information on preventing disease and maintaining a healthy lifestyle.
- b. Self-Care: A preventative health philosophy that promotes physical well-being and includes self-care for conditions that can be managed with over-the-counter mediations and remedies.

## 3.0 POLICY

- .1 Patient self-care shall begin at Intake with the flier called, "Health Care Services."
- .2 At a minimum, compliance requires the availability of various brochures and pamphlets on a variety of health topics in facility areas accessible to all inmates (e.g. medical unit, library, housing areas).
- .3 One-on-one health education and counseling shall occur during health encounters when required. Documentation in the medical record shall reflect that the individual received health education and self-care for the condition or injury.

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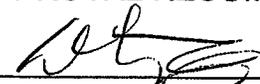
**4.0 PROCEDURES**

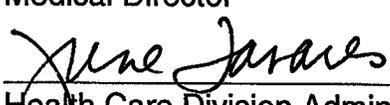
- .1 Facilities and Health Care Sections should take every opportunity to educate the inmate population in self-care. Opportunities will be provided to all inmates to enhance their knowledge of health and healthy life choices.
- .2 General health education methods may include classes, audio- and videotapes, brochures, pamphlets and health fairs.
- .3 Health, program and custody staff, other State or City Departments, non-profits and volunteers may provide health education.

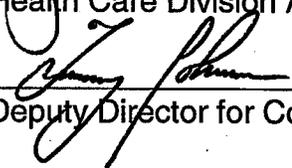
**5.0 SCOPE**

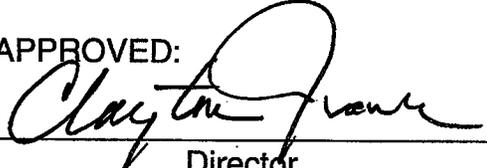
This policy and procedure applies to all correctional facilities and their assigned personnel.

APPROVAL RECOMMENDED:

  
 Medical Director 10/8/07  
Date

  
 Health Care Division Administrator 10/08/07  
Date

  
 Deputy Director for Corrections 10/9/07  
Date

APPROVED:  
  
 Director  
10/09/07  
Date