



DEPARTMENT OF PUBLIC SAFETY  
REPORT TO THE 2011 LEGISLATURE

HB 1818  
RELATING TO COGNITIVE  
RESTRUCTURING

Department of Public Safety  
Corrections Program Services Division  
November 2010

## INTRODUCTION

The Twenty-Fifth Legislature, 2010, passed HB 1818 with the purpose of authorizing the Department of Public Safety (PSD) to offer reentry/reintegration programs within Hawaii's correctional facilities that included cognitive behavioral therapy with cultural and other interventions. The legislative intent of these programs was to promote the successful transition of offenders from incarceration to the community by addressing domestic violence, addictions, self-mastery through identity and community connections. PSD was required to meet the intent of the HB 1818 with reduced state and federal funds appropriated for offender programs as a result of the budget crisis that faced the state during the previous fiscal periods.

In PSD's effort to recover some of the inmate services terminated as a result of budget reductions, management within the individual correctional facilities were encouraged by PSD to collaborate with county partners and community organizations to provide reentry/reintegration activities through the use of volunteers. These activities are not included in this report since funding is not available through PSD to ensure the consistent delivery of evidence-based services.

## EDUCATION PROGRAM SERVICES

### General Course Descriptions/Criteria

**ADULT BASIC EDUCATION (ABE)** addresses reading, math and language needs ranging from literacy to functional capacity for adult learners. Learners at these levels have minimal functional ability in reading, writing and math. Most learners at this level have difficulty in problem solving, understanding written texts including directions, maps and forms, have low or moderate skills in basic arithmetic, and would likely be placed in low skilled jobs.

**Criteria:** Test of Adult Basic Education Score range from grade point 1.0-9.9

**GENERAL EDUCATION DIPLOMA (GED)** provides review in reading based classes such as literature, social studies and science. The course also provides review in mathematics, writing skill with a focus on expository writing and English grammar. Students who pass the national examination receive a high school diploma from Hawaii's Department of Education.

**Criteria:** Test of Adult Basic Education Core Range from grade point 9.9-12.9/  
GED Official Practice Tests Score of 500 or higher.

**VOCATIONAL TRAINING:** Although some vocational training courses survived the budget reductions as a result of the state's budget crisis, most vocational training courses were eliminated.

**Associate of Science (AS) Program** available at the Arizona Saguaro Correctional Center are designed for those who possess a high school diploma or GED diploma/certificate. Courses include a two year training program leading to certificate or

an AS degree in Construction Trades from Pima Community College. All credits are transferable to the University of Hawaii. Courses include Plumbing, Electrical and Carpentry.

**Criteria:** High School Diploma or GED, and passing scores on the Construction Math and OSHA Safety courses. Inmates entering the AS degree program must meet conditions set by federal funding guidelines (compliance with Jacob Wetterling Act, 35 yrs. or younger and within 7yrs of release).

**Culinary Arts Program** available at the Women's Community Correctional Center required collaboration with Kapiolani Community College and the temporarily redirecting federal funds for the program to survive. Culinary Arts is a two year training course leading to an AS degree in Culinary Arts. Students may choose to participate in the one-year certificate program that allows them upon completion to seek employment in the food service industry. Students may choose to continue their course work toward the AS degree at Kapiolani Community College.

**Criteria:** High School Diploma or GED. Inmates entering the program must also meet conditions set by federal funding guidelines (compliance with Jacob Wetterling Act, 35 yrs. or younger and within 7yrs of release).

**Self Development Courses** focus on personal change and personal growth. Courses in this group include Cognitive Skills, Parenting for active parents, Hawaiian Studies, Yoga, Toastmasters, Creative Writing, Music and Art.

The majority of the Reentry and Pre-Release courses lost funding due to budget cuts. The department was able, however to temporarily redirect federal funds to continue services to female offenders under HRS 367D-008, Gender Responsive Community Based Programs.

**Criteria:** Cognitive skills require a reading level at grade point 6.0 as determined on the Tests of Adult Basic Education.

Parenting is open to all students who are custodial parents. All other self-development courses are open to any interested student or students referred to the course by their case manager.

## **SUBSTANCE ABUSE TREATMENT SERVICES**

The PSD, Corrections Program Services, Substance Abuse Services Branch, began assigning inmates to substance abuse treatment levels on July 1, 2009, by utilizing LSI-R/ASUS summary score results. This was accomplished after implementing an Intensive Outpatient Program (IOP) at Halawa Correctional Facility and Waiawa Correctional Facility for moderate risk offenders. With the implementation of IOP, the department was able to provide separate and specific substance abuse treatment for low, moderate, and high risk sentenced male and female felons.

## **General Treatment Description**

### **OUTPATIENT SUBSTANCE ABUSE TREATMENT (LEVEL II):**

Women's Community Correctional Center, Halawa Correctional Facility, Waiawa Correctional Facility, Kauai Community Correctional Center, and Maui Community Correctional Center provide Level II substance abuse treatment services through the PSD's Purchase of Service Contract with Salvation Army.

Level II services utilize a cognitive behavioral treatment component lasting 44 hours, meeting once per week. An evidence based cognitive behavioral therapy curriculum is utilized. Level II services are for inmates who are at lower risk for criminal conduct and meet diagnostic criteria for substance abuse or dependence. They have had minimal disruption in their psychosocial or vocational functioning due to substance abuse.

For FY 2010, there were 219 admissions and 123 successful completions. Only one inmate was terminated due to rule violations. The remaining inmates continued with their programming, transferred to another facility, paroled, discharged from custody, and/or dropped out of treatment.

### **INTENSIVE SUBSTANCE ABUSE TREATMENT (LEVEL II.5):**

Halawa Correctional Facility and Waiawa Correctional Facility provide Intensive Outpatient (IOP) substance abuse treatment services through the PSD's Purchase of Service Contract with the Salvation Army. PSD was also successful in developing and implementing a smaller IOP program at the Women's Community Correctional Center by utilizing existing qualified staff to administer the program.

The IOP consists of daily, two to three hour group sessions, 4 days per week with accompanying individual counseling sessions as needed. The Change Companies' Residential Drug Abuse Program, which is an evidenced based, cognitive-behavioral curriculum, is utilized. The duration of the program is approximately 9 months to completion. Each group is a closed ended group with a maximum of 15 men per group. Assessment and treatment planning, individual and family counseling, and aftercare services are provided for each participant.

For FY 2010 there were 112 admissions and 22 successful completions. Two inmates were terminated due to rule violations. The remaining inmates continued with their programming, transferred to another facility, paroled, discharged from custody, and /or dropped out of treatment.

### **RESIDENTIAL SUBSTANCE ABUSE TREATMENT (LEVEL III):**

**Waiawa Correctional Facility (WCF) KASHBOX**, a Therapeutic Community (TC) of 102-bed capacity, is operated by the PSD, Corrections Program Services, Substance Abuse Services Branch.

KASHBOX is an intensive long-term, therapeutic community treatment program lasting 9-15 months. It is for male inmates diagnosed as substance abusers or substance dependent and who are assessed as having significant risk for criminal conduct.

Cognitive-Behavioral Treatment and Social Learning Theory are combined to address criminal thinking and behavior. The inmates work through the Residential Drug Abuse Program cognitive behavioral curriculum. As the TC residents live and work together separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior.

The average daily participation of inmates in the program is 102 at any given time. There is also a waiting list (at times) for those in general population who recently transferred to Waiawa Correctional Facility to enter the program. At the beginning of FY2010, there were approximately 102 inmates in various stages of treatment in Kashbox. During the period from July 01, 2009 to June 30, 2010, there were 78 new admissions, 91 successful completions, and 16 terminations due to non-compliance with treatment plan, misconducts, or new charges. The remaining inmates continued their participation in the program after the June 30, 2010 date.

**Kulani Correctional Facility (KCF) HALE OLA HOOPONO**, a Therapeutic Community (TC) of 20-bed capacity, was operated by the PSD, Corrections Program Services, Substance Abuse Services Branch before its closure due to the state's economic crisis.

**Women's Community Correctional Center (WCCC) Ke Alaula**, a Therapeutic Community (TC) of 50-bed capacity is operated by Hina Mauka through a purchase of service agreement with the PSD and is located within the WCCC. The program is an intensive long-term, 9 to 12 month therapeutic community.

Cognitive Behavioral Treatment and Social Learning Theory combine to address criminal thinking and behavior. As the TC residents live and work together separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior. Specialized services are also provided in the area of sexual and physical abuse, domestic violence, criminality and other types of gender responsive issues.

The average daily participation of inmates in the program is 50. At the beginning of FY 2010, there were approximately 50 inmates in the program. Between July 01, 2009 and June 30, 2010, there were 48 new admissions, 29 successful completions, and 7 terminations due to non-compliance with treatment plan. The remaining inmates continued their participation in the program after the June 30, 2010 date.

**Oahu Community Correctional Center, Laumaka Work Furlough Center:**

**Laumaka Bridge Program** is a residential substance abuse reentry, work furlough program for inmates who have completed IOP, or Residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills learned in treatment while transitioning to the community.

Family therapy and job development services are provided as the inmate reconnects with family and community resources.

At the beginning of FY 2010, there were approximately 32 inmates in Laumaka Bridge program. Between July 01, 2009 and June 30, 2010, there were 55 new admissions, 46 successful completions, and 7 terminations due to non-compliance with treatment plan. The daily average inmate participation was 32 inmates at any given time.

**Women's Community Correctional Center**

**Olomana Bridge Program** is a residential substance abuse reentry, work furlough program for inmates who have completed IOP, or Residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills learned in treatment while transitioning to the community. Family therapy, psychological, and job development services are provided as the inmate re-connects with family and community resources.

At the beginning of FY 2010, there were approximately 15 inmates in WCCC Bridge program. During the period from July 01, 2009 to June 30, 2010, there were 20 new admissions, 4 successful completions, and 5 terminations due to non-compliance with treatment plan. Due to Bridge counseling and WCCC case manager staff shortages, the daily average inmate participation was six.

**EDUCATION PROGRAM SERVICES**

Class Type	Hawaiians		Non-Hawaiians	
	Completed	Didn't	Completed	Didn't
Adult Basic Education L1	26	15	510	356
Adult Basic Education L2	34	78	578	522
Branch Elective	42	105	672	604
College Credit	4	0	81	11
Elective	5	114	50	410
ESL	0	0	27	14
GED	48	76	1,087	1,039
Intake Assessment	68	88	1,402	465
OJT	0	1	9	7
Pre-GED	21	12	478	302
Self Development	72	66	995	398
Special Education	0	0	7	2
Technical Training/Vocational	62	90	733	726
Tutorial	1	0	0	0
Workshop/Seminar	69	19	723	162
<b>Totals</b>	<b>452</b>	<b>664</b>	<b>7,352</b>	<b>5,018</b>

**NOTE:** Inmate ethnicity is self-reported.

## SUBSTANCE ABUSE TREATMENT SERVICES

TREATMENT TYPE	ENROLLED	COMPLETED
OUTPATIENT	219	123
INTENSIVE OUTPATIENT		
HCF/WCF	112	22
WCCC	25	22
RESIDENTIAL		
WCF KASHBOX	78	91
WCCC KE ALAULA	48	29
BRIDGE		
OCCC LAUMAKA	55	46
WCCC OLOMANA	20	4

**NOTE:** Inmate ethnicity is not available for this reporting group.