



DEPARTMENT OF PUBLIC SAFETY
REPORT TO THE 2014 LEGISLATURE

ACT 193
COGNITIVE RESTRUCTURING

Department of Public Safety
Corrections Program Services Division
November 2013

INTRODUCTION

The Twenty-Fifth Legislature, 2010, passed Act 193 with the purpose of authorizing the Department of Public Safety (PSD) to offer reentry/reintegration programs within Hawaii's correctional facilities that included cognitive-behavioral therapy with cultural and other interventions. The legislative intent of these programs was to promote the successful transition of offenders from incarceration to the community by addressing domestic violence, addictions, self-mastery through identity and community connections. PSD was required to meet the intent of the Act 193 with reduced state and federal funds appropriated for offender programs as a result of the country's unstable economy.

In PSD's effort to recover some of the inmate services terminated as a result of budget reductions, management within the individual correctional facilities were encouraged by PSD to collaborate with county partners and community organizations to provide reentry/reintegration activities through the use of volunteers. These activities are not included in this report since funding is not available through PSD to ensure the consistent delivery of evidence-based services.

EDUCATION PROGRAM SERVICES

General Course Descriptions/Criteria

Adult Basic Education (ABE) addresses reading, math and language needs ranging from literacy to functional capacity for adult learners. Learners at these levels have minimal functional ability in reading, writing and math. Most learners at this level have difficulty in problem solving, understanding written texts including directions, maps and forms, have low or moderate skills in basic arithmetic, and would likely be placed in low skilled jobs.

Criteria: Test of Adult Basic Education Score range from grade point 1.0-9.9

General Education Diploma (GED) provides review in reading based classes such as literature, social studies and science. The course also provides review in mathematics, writing skill with a focus on expository writing and English grammar. Students who pass the national examination receive a high school diploma from Hawaii's Department of Education.

Criteria: Test of Adult Basic Education Core Range from grade point 9.9-12.9/
GED Official Practice Tests Score of 500 or higher.

Career and Technical Education: Although some technical training courses survived reductions to the budget, most technical training courses have been eliminated. Listed below are the technical training programs that survived the budget reductions.

Culinary Arts Program available at the Women's Community Correctional Center required collaboration with Kapiolani Community College and the temporarily

redirecting federal funds for the program to survive. Culinary Arts is a two year training course leading to an AS degree in Culinary Arts. Students may choose to participate in the one-year certificate program that allows them upon completion to seek employment in the food service industry. Students may also choose to continue their course work toward the AS degree at Kapiolani Community College.

Criteria: High School Diploma or GED. Inmates entering the program must also meet conditions set by federal funding guidelines (compliance with Jacob Wetterling Act, 35 yrs. or younger and within 7yrs of release).

Self Development Courses focus on personal change and personal growth. Courses in this group include Cognitive Skills, Parenting for active parents, Hawaiian Studies, Yoga, Toastmasters, Creative Writing, Music and Art.

The majority of the Reentry and Pre-Release courses lost funding due to budget cuts. PSD was able, however, to temporarily redirect federal funds to continue services to female offenders under HRS 367D-008, Gender Responsive Community Based Programs until the end of the current fiscal year.

Criteria: Cognitive skills requires a reading level at grade point 6.0 as determined on the Tests of Adult Basic Education. Parenting is open to all students who are custodial parents. All other self-development courses are open to any interested student or students referred to the course by their case manager.

SUBSTANCE ABUSE TREATMENT SERVICES

The Department of Public Safety began assigning inmates to substance abuse treatment levels on July 1, 2009, by utilizing LSI-R/ASUS summary score results. This was accomplished after implementing an Intensive Outpatient Program (IOP) at Halawa Correctional Facility and Waiawa Correctional Facility for moderate risk offenders. With the implementation of IOP, the department was able to provide separate and specific substance abuse treatment for low, moderate, and high risk sentenced male and female felons.

General Treatment Description

Outpatient Substance Abuse Treatment (Level II):

Women's Community Correctional Center, Halawa Correctional Facility, Waiawa Correctional Facility, Kauai Community Correctional Center, and Maui Community Correctional Center provide Level II substance abuse treatment services through the Department of Public Safety's Purchase of Service Contract with Salvation Army.

Level II services utilize a cognitive-behavioral treatment component lasting 44 hours, meeting once per week. An evidence-based cognitive-behavioral therapy curriculum is utilized. Level II services are for inmates who are at lower risk for criminal conduct and

meet diagnostic criteria for substance abuse or dependence. They have had minimal disruption in their psychosocial or vocational functioning due to substance abuse.

For FY 2013, there were 289 admissions and 218 successful completions. One inmate was terminated due to rule violations. The remaining inmates continued with their programming, transferred to another facility, paroled, discharged from custody, and/or dropped out of treatment.

Intensive Outpatient Substance Abuse Treatment (Level II.5):

Halawa Correctional Facility and Waiawa Correctional Facility provide Intensive Outpatient (IOP) substance abuse treatment services through the Department of Public Safety's Purchase of Service Contract with the Salvation Army. PSD was also successful in developing and implementing a smaller IOP program at the Women's Community Correctional Center by utilizing existing qualified staff to administer the program.

The IOP consists of daily, two to three hour group sessions, 4 days per week with accompanying individual counseling sessions as needed. The Change Companies' Residential Drug Abuse Program, which is an evidenced based, cognitive-behavioral curriculum, is utilized. The duration of the program is approximately 9 months to completion. Each group is a closed ended group with a maximum of 15 men per group. Assessment and treatment planning, individual and family counseling, and aftercare services are provided for each participant.

For FY 2013 there were 145 admissions and 86 successful completions. No inmates were terminated due to rule violations. The remaining inmates continued with their programming, transferred to another facility, paroled, discharged from custody, and /or dropped out of treatment.

Residential Substance Abuse Treatment (Level III):

Waiawa Correctional Facility (WCF) KASHBOX, a Therapeutic Community (TC) of 102-bed capacity, is operated by the Department of Public Safety, Corrections Program Services, Substance Abuse Services Branch.

KASHBOX is an intensive long-term, therapeutic community treatment program lasting 9-15 months. It is for male inmates diagnosed as substance abusers or substance dependent and who are assessed as having significant risk for criminal conduct.

Cognitive-Behavioral Treatment and Social Learning Theory are combined to address criminal thinking and behavior. The inmates work through the Residential Drug Abuse Program cognitive-behavioral curriculum. As the TC residents live and work together, separated from the prison's general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior.

The average daily participation of inmates in the program is 102 at any given time. There is also a waiting list (at times) for those in general population who recently transferred to Waiawa Correctional Facility to enter the program. At the beginning of FY2013, there were approximately 102 inmates in various stages of treatment in Kashbox. During the period from July 01, 2012 to June 30, 2013, there were 68 new admissions, 97 successful completions, and 5 terminations due to non-compliance with treatment plan, misconducts, or new charges. The remaining inmates continued their participation in the program after the June 30, 2013 date.

Women's Community Correctional Center (WCCC) Ke Alaula

The therapeutic community (TC) of 50-bed capacity is operated by Hina Mauka through a purchase of service agreement with the Department of Public Safety and is located within the WCCC facility. The program is an intensive long-term, 9 to 12 month therapeutic community.

Cognitive-Behavioral Treatment and Social Learning Theory combine to address criminal thinking and behavior. As the TC residents live and work together, separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior. Specialized services are also provided in the area of sexual and physical abuse, domestic violence, criminality and other types of gender responsive issues.

The average daily participation of inmates in the program is 50. At the beginning of FY 2013, there were approximately 50 inmates in the program. Between July 1, 2012 and June 30, 2013, there were 62 new admissions, 31 successful completions, and 11 terminations due to non-compliance with treatment plan. The remaining inmates continued their participation in the program after the June 30, 2013 date.

O Malama, Women's IOP

The IOP consists of daily, two to three hour group sessions, 4 days per week with accompanying individual counseling sessions as needed. Staff utilizes the Change Companies' Residential Drug Abuse Program, which is an evidenced based, cognitive-behavioral curriculum. The duration of the program is approximately 9 months to completion. Each group is a closed ended group with a maximum of 15 women per group. Assessment and treatment planning, individual and family counseling, aftercare services, and other types of gender responsive issues are provided for each participant.

For FY 2013 there were 31 admissions and 13 successful completions. One inmate was terminated due to rule violations. The remaining inmates continued with their programming, transferred to another facility, paroled, discharged from custody, and /or dropped out of treatment.

Oahu Community Correctional Center, Laumaka Work Furlough Center:

Laumaka Bridge Program is a residential substance abuse reentry, work furlough program for inmates who have completed IOP, or Residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills learned in treatment while transitioning to the community. Family therapy and job development services are provided as the inmate reconnects with family and community resources.

At the beginning of FY 2013, there were approximately 32 inmates in Laumaka Bridge program. Between July 01, 2012 and June 30, 2013, there were 53 new admissions, 31 successful completions, and 5 terminations due to non-compliance with treatment plan. The daily average inmate participation was 32 inmates at any given time.

Women's Community Correctional Center

Olomana Bridge Program is a residential substance abuse reentry, work furlough program for inmates who have completed IOP, or Residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills learned in treatment while transitioning to the community. Family therapy, psychological, and job development services are provided as the inmate re-connects with family and community resources.

At the beginning of FY 2013, there were approximately 12 inmates in WCCC Bridge program. During the period from July 01, 2012 to June 30, 2013, there were 32 new admissions, 13 successful completions, and 5 terminations due to non-compliance with treatment plan. Due to Bridge counseling and WCCC's shortages of case managers, the daily average inmate participation was 12.

EDUCATION PROGRAM SERVICES

Class Completions By Ethnicity											
July 1, 2012 through June 30, 2013											
Program Name	Course Name	Hawaiian		Non-Hawaiian		Totals		Enrolled %	Enrolled	Completed	Enrolled %
		Completed	Enrolled	Completed	Enrolled	Completed	Enrolled				
Assessments	Assessments	976	1,129	86%	1,578	1,745	90%	2,554	2,874	89%	
	Academic	291	347	84%	461	551	84%	752	898	84%	
	Vocational	9	11	82%	21	23	91%	30	34	88%	
Totals		1,276	1,487	86%	2,060	2,319	89%	3,336	3,806	88%	
Academic	Adult Basic Education I	14	115	12%	18	174	10%	32	289	11%	
	Adult Basic Education II	27	322	8%	47	561	8%	74	883	8%	
	Adult Basic Education III	40	207	19%	37	260	14%	77	467	16%	
	Adult Basic Education IV	8	71	11%	12	95	13%	20	166	12%	
	GED	18	48	38%	23	74	31%	41	122	34%	
	General Education	138	684	20%	184	933	20%	322	1,617	20%	
	Study Period	54	63	86%	75	80	94%	129	143	90%	
	Post Secondary	2	10	20%	6	11	55%	8	21	38%	
Totals		301	1,520	20%	402	2,188	18%	703	3,708	19%	
Career & Technical Education	Core Curriculum	17	20	85%	40	42	95%	57	62	92%	
	OSHA Safety	31	44	70%	54	78	69%	85	122	70%	

Applied Construction Math	13	19	68%	14	39	36%	27	58	47%
Plumbing	2	9	22%	7	30	23%	9	39	23%
Electrical	20	30	67%	63	99	64%	83	129	64%
Cabinetry	6	6	100%	22	22	100%	28	28	100%
Culinary Arts	28	32	88%	35	38	92%	63	70	90%
General Courses	43	81	53%	48	113	42%	91	194	47%
Licensing	3	3	100%	2	4	50%	5	7	71%
Business Management	20	48	42%	54	84	64%	74	132	56%
Introduction to Information Technology	102	191	53%	121	255	47%	223	446	50%
Microsoft Office Specialist	976	1,129	86%	2	3	67%	978	1,132	86%
General Construction	2	6	33%	7	10	70%	9	16	56%
Wastewater Management	2	4	50%	8	12	67%	10	16	63%
Totals	1,265	1,622	78%	477	829	58%	1,742	2,451	71%
College/University	0	1	0%	1	7	14%	1	8	13%
Totals	0	1	0%	1	7	14%	1	8	13%
Language & Cultural Studies	31	42	74%	13	24	54%	44	66	67%
Hawaiian Language	6	19	32%	3	5	60%	9	24	38%
Spanish Language	3	11	27%	6	29	21%	9	40	23%
Geo-Cultural Studies	17	27	63%	18	27	67%	35	54	65%

Totals	57	99	58%	40	85	47%	97	184	53%
Self Development									
Cognitive Skills Basic Course	48	117	41%	86	192	45%	134	309	43%
Cognitive Skills Intensive Course	142	169	84%	139	170	82%	281	339	83%
RAD Intensive Entry Course	161	193	83%	282	309	91%	443	502	88%
Parenting Health Management	168	242	69%	190	266	71%	358	508	70%
Toastmasters	63	120	53%	92	173	53%	155	293	53%
Tutor Training	16	89	18%	31	160	19%	47	249	19%
Men In Transition	17	31	55%	35	57	61%	52	88	59%
Women In Transition	11	39	28%	17	60	28%	28	99	28%
Intensive Re-entry for Women	7	275	3%	8	349	2%	15	624	2%
Totals	643	1,289	50%	901	1,765	51%	1,544	3,054	51%
Workshops Seminars									
Life Skills Self Improvement	0	10	0%	3	8	38%	3	18	17%
Creative Writing	124	223	56%	176	317	56%	300	540	56%
Music/Arts	24	30	80%	26	47	55%	50	77	65%
Arts & Crafts	27	38	71%	23	38	61%	50	76	66%
Guest Speaker	43	46	93%	58	63	92%	101	109	93%
Research	58	83	70%	99	120	83%	157	203	77%
Totals	3	6	50%	2	4	50%	5	10	50%
	279	436	64%	387	597	65%	666	1,033	64%

Title 1 N/D	Classroom Training	2	3	67%	0	8	0%	2	11	18%
Totals		2	3	67%	0	8	0%	2	11	18%

NOTE: Inmate ethnicity is self-reported.

SUBSTANCE ABUSE TREATMENT SERVICES

Treatment Type	Completed	Admitted	%
Out-Patient (Level II)	218	289	75%
Intensive Out-Patient (II.5)	99	176	55%
HCF/WCF	86	145	59%
WCCC O Malama	13	31	41%
Residential (Level III)	128	130	98%
WCF Kashbox	97	68	1.42%
WCCC Ke Aulaula	31	62	50%
Bridge	44	85	51%
OCCC Laumaka	31	53	58%
WCCC Olomana	13	32	40%
Total	489	680	71%

NOTE: Inmate ethnicity is not available for this reporting group.