



DEPARTMENT OF PUBLIC SAFETY  
REPORT TO THE 2017 LEGISLATURE

HRS 367D-008  
GENDER RESPONSIVE COMMUNITY BASED PROGRAMS  
FOR WOMEN

Department of Public Safety  
Corrections Program Services Division  
December 2016

The 2006 Hawaii State Legislature mandated through Hawaii Revised Statutes §367D-2 that the Department of Public Safety (PSD) foster a gender responsive environment by providing model gender-responsive programs for female offenders that are responsive to statewide needs and geographical areas and award contracts for programs subject to funding by the Legislature. The gender-responsive environment and programs were to:

- (1) Respond in a rehabilitative way to the type of offense female offenders generally commit and address pathways to crime;
- (2) Respond to the problems of female offenders with dependent children;
- (3) Respond to the importance of developing self-determination through independent living and marketable job skills;
- (4) Assist female offenders in overcoming their own extreme degree of dependency by developing and fostering strong and healthy relationships without losing self-esteem;
- (5) Respond appropriately to the specific health care needs of women, including but not limited to mental health and substance abuse services;
- (6) Offer transitional support for female offenders and their families to promote successful reentry into their families and communities; and
- (7) Offer technical assistance and training toward the implementation of other similar programs.

This report is being submitted in response to §367D-8, which requires PSD to report on the following areas: program descriptions, type and costs of contracts made, name of the private agency awarded each contract, and the success of each contract in meeting program specifications.

### **Contracted Programs for Incarcerated Women Program Descriptions**

#### **Women's Community Correctional Center**

**Culinary Arts Program** - The culinary training at the Women's Community Correctional Center (WCCC) provides a quality education in culinary arts. It is a credited program. Women who finish the program in the facility may enroll in the culinary program at the Kapiolani Community College (KCC). The credits earned at WCCC are transferrable to KCC.

There are four modules covered:

Module 1: Introduction to Culinary Industry (CULN 111)

Module 2: Food Safety and Sanitation (CULN 112)

Module 3: Fundamentals of Cookery (CULN 120)

Module 4: Intermediate Cookery (CULN 130).

Women who completed Module 2 –Safety and Sanitation, receive the Serv-Safe certificate, a national certification. Women who completed and passed the four modules earn a certificate of professional development from Kapiolani Community College.

This program was provided through a Memorandum of Agreement with Kapiolani Community College. The total cost for the Culinary Arts Program was approximately \$92,000 for delivery and materials for the 4 modules.

**Mother Read (Level II-Parenting)** – is a family empowerment and literacy program sponsored by the Hawaii Council for the Humanities. All parents are welcome, including average and poor readers. Participants can improve their parenting skills and learn how to make reading with their children a family experience that is fun and educationally rewarding. Through a variety of books, parents strengthen reading skills, communication with their children, and family bonds. Parents find through participation in the Mother Read class, they can also help their children become better students.

This program was provided through a purchase of service with the Hawaii Council for the Humanities. The total cost of the program was \$4,000.

Hawaii Community Correctional Center also offers a Parenting class as well as a Cognitive Skills class. The classes are taught either by a contract teacher or by a Corrections Education Specialist.

**The Office Worker Business Applications Training** - is comprised of modules designed to prepare students interested in entering careers in the business environment. The program provides instruction, hands-on training and exercises to reinforce and apply the student's computer skills. The program focuses on the following training modules:

- Introduction to the World of Computers: To gain an overview of the basics of Microsoft Windows 7 from opening, editing and saving applications to copying and pasting and learning shortcut features.
- Microsoft Word 2013 for the Business World Level 1: To learn to work with text using formatting tools, creating and using tables and more.
- Microsoft Word 2013 for the Business World Level 2: To format text with styles and set up Mail Merge documents and labels.
- Business Applications Using Microsoft Excel 2013 Level 1: To create charts in Excel, modifying column width and row heights and transmitting.
- Business Applications Using Microsoft Excel 2013 Level 2: To apply advanced formatting to worksheet contents.
- Business Presentations using Microsoft PowerPoint Level 1: To integrate charts to display numerical data and create a SmartArt diagram.

The program was provided through a Memorandum of Agreement with the Windward Community College - Community and Career Education. The cost was \$13,100.

**Professional Training for Tour Drivers and Guides** -This program is designed for individuals seeking to pursue a career in Hawaii's tourism industry. The comprehensive training curriculum, developed by Hawaii tourism experts and educators, emphasizes excellence based on industry standards and expectations. During this 40-hour course, participants develop skills in customer service, cultural awareness, communication, including interpretive and storytelling skills, as well as, learn skills to customize tours that create an authentic experience for Hawaii's visitors.

Upon completion of this course, participants are able to: Explain standards for tour professionals, deliver a mock tour based on accurate information about Hawaii's history, culture and language (using learned communication, interpretation and storytelling skills), explain and demonstrate customer service standards when dealing with diverse customers, identify customer service components of "hospitality with Aloha", create a customized tour, and deliver a customized tour for the island of O'ahu.

The program was provided through a Memorandum of Agreement with the Kapiolani Community College - Community and Career Education. The cost was \$14,625.

**Lifestiles for Women** – is a comprehensive transition skills training program planned to provide assessments, cognitive skills, job development, job placement, transition services, and intensive re-entry services. The program uses social education and skills training to assist inmates to recognize behavior patterns so the making of errors and unintended consequences are minimized. This training covers Cognitive Skills Training, Life Skills Training, Self-directed Job Search and Personal Transition Planning.

This program is the remnants of the Intensive Reentry Program that was originally funded by the 2006 Hawaii Legislature. Last year, the Legislature granted Hawaii Correctional Industries a grant in aid in the amount of \$150,000. The program is delivered by Worknet, Inc. together with a comparable program for men at the Waiawa Correctional Facility. The latter is also funded by the same grant. It is recommended that the Department determine if funds are available for continuation of this program.

### **Outpatient Treatment Services (OPS-Level 2):**

Through a Purchase of Service Contract with the Salvation Army, PSD provides a cognitive-behavioral treatment component lasting 44 hours, meeting once per week, which utilizes an evidence-based cognitive-behavioral therapy curriculum. Level II services are for female inmates who are at lower risk for criminal conduct and meet diagnostic criteria for substance abuse or dependence. Women receiving services in this modality of treatment have had minimal disruption in their psychosocial or vocational functioning attributed to substance abuse.

### **Intensive Outpatient Treatment Services (IOP-Level 2.5):**

PSD provides IOP substance abuse treatment services to the female offenders located at WCCC. The IOP treatment modality consists groups sessions lasting two to three hours, four days a week with accompanying individual counseling sessions. Level II.5 services are for female inmates who

are at moderate risk for criminal conduct and meet diagnostic criteria for substance abuse or dependence. The female participants in IOP work through gender-specific, evidenced based journals purchased through The Change Companies' Residential Drug Abuse Program. These journals allow the participants to address gender-specific situations to develop and practice the skill sets necessary for a successful transition back into the community. The duration of the program is approximately 9 months to completion. Each group is a closed ended group with a maximum of 15 men per group. Assessment and treatment planning, individual and family counseling, and aftercare services are provided for each participant.

### **Residential Treatment Services (RES- Level 3):**

The therapeutic community (TC) of 50-bed capacity is operated by Hina Mauka through a purchase of service agreement with PSD. The program is an intensive long-term, 9 to 12 month therapeutic community.

Cognitive-Behavioral Treatment and Social Learning Theory combine to address criminal thinking and behavior. As the TC residents live and work together, separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior. Specialized services are also provided in the area of sexual and physical abuse, domestic violence, criminality and other types of gender responsive issues.

### **Re-Entry/Transition Services (The Bridge Program):**

**The Bridge Program** is a residential substance abuse reentry, work furlough program operated by PSD for inmates who have completed IOP, or residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills in treatment while transitioning to the community. Family Therapy services are offered via POS contract through Institute of Psychological Growth as the inmate re-connects with family and community resources.

### **The Cognitive Behavioral Intervention program (CBIP)**

CBIP is designed to address a pattern of negative attitudes and behaviors displayed by the inmate. These attitudes and behaviors are documented on a referral form by the case manager and then submitted to the provider. The purpose of this program is to provide an opportunity for the inmate to “get back on track” without changing custody level and being transferred from community based status to a higher custody level. A participant of this program would be permitted to keep their job but all other privileges would be suspended until they were able to demonstrate significant progress. Once the inmate has made significant progress, the case manager will gradually return privileges until they have all been restored.

### **The Relapse Intervention Program (RIP)**

The Relapse Intervention Program (RIP) is designed to provide an opportunity for female in furlough programs whom have a positive urinalysis result to remain as minimum security status facility as opposed to medium security status. The case manager would document the

circumstances regarding the positive UA on the referral form and submit it to the provider. While in the RIP Program, the offender will participate in evidence based cognitive behavioral programming to specifically target the offender's needs. These inmates will receive 6 to 9 months of intense intervention and relapse prevention planning.

### **Transitional Housing Program (YWCA):**

The Department has newly awarded the **Young Women's Christian Association (YWCA)** Fernhurst with a contract on Oahu to provide community based residential programs for female offenders that focus on transition and re-integration to the community. This program provides job development, money management, life skills, anger management, and domestic-violence, relapse prevention and work furlough opportunities. The program is currently called Ka Hale Ho'Ala Hou No Na Wahine (Home of Re-awakening for Women) has up to 30 beds available.

## **Volunteer Programs for Incarcerated Women Program Descriptions**

### **Haku Mo'olelo (Author, Story Writer) Program**

This pilot program is a creative-writing, read-aloud program for inmates at the Women's Community Correctional Center (WCCC). It is designed to help inmates write their own stories or tales. A teacher and a work line assistant assist with writing and preparing the stories for publication. The culminating event is sharing read aloud stories for children, parents and community members. It will enhance the inmates' self-esteem, sharpen their writing skills, and provide the necessary tools to share the joy of reading aloud to their children. Read to Me International, Hawaii Chapter, a non-profit organization, provides the services.

**Women in Need** – is dedicated to providing women at WCCC with the tools for healing and empowerment. It provides intensive case management, stabilizing courses in parenting, understanding and awareness of domestic violence, self-esteem, job readiness, basic life skills and mentorship. It is provided by Women in Need (WIN), a 501(c) 3 non-profit organization.

### **Hilo Community Correctional Centers**

**Essential Career Skills** – This program is presented as an ongoing course for students who do not meet minimum writing and/or reading requirements to effectively gain and/or maintain housing, employment, or other essential services. The focus of the course is on applying critical reading skills for organizing, analyzing, and retaining material and developing written work appropriate to the audience, purpose, situation, and length of assignment. The course integrates preparation in basic applied reading skills and writing in a variety of applied formats.

This program was provided through a purchase of service with Mr. Doug Capogrossi. The total cost of delivery was \$15,000.

### **Maui Community Correctional Center**

**Life Skills-Women** – This program is based on the tenets of the well-researched National Institute For Literacy (NIFL) product: Equipped for the Future Content (EFF) Standards. The following skills and defining standards, as set forth in EFF, provide the framework for educating adult learners for their life roles in the family, the workforce, and the community:

- a. Communication – read with understanding, convey ideas in writing, speak so others can understand, listen actively and observe critically
- b. Decision-making – use math to solve problems and communicate, solve problems and make decisions, and plan
- c. Interpersonal – cooperate with others, advocate and influence, resolve conflict and negotiate, and guide others, and
- d. Lifelong learning – take responsibility for learning, reflect and evaluate, learn through research and use information and communications technology. Students are further encouraged to read as much as possible to expand vocabulary. Maui Friends of the Library provides teachers with free used books and magazines to be able to acquire an abundance of reading material according to interests, reading levels, and availability.

### **Oahu Community Correctional Center**

**Women in Transition** – the purpose and mission of this program are to address the transitional needs of youthful offenders aged twenty-two and under who are detained at Oahu Community Correctional Center and have the potential to be released into the community through electronic monitoring, supervised release, sentenced to probation, or released having completed their sentencing term. These programs address the psychosocial, vocational, and academic needs of young offenders beginning pre-release and continuing through post-release transition. Without these programs, youthful offenders would be left to manage their own lives with little or no preparation or guidance.

These comprehensive programs are designed to support and encourage the clients to successfully complete their GED academic courses, to motivate them to initiate and/or complete substance abuse treatment services, to provide mentoring that assists them with developing independent living skills, and to provide guidance and support in gaining and sustaining meaningful employment.

**Evolve:** - a program that is designed to prepare participants for the transition out of prison, into their communities, the workforce, and on to begin living healthy independent lives. The curriculum offers a carefully designed peer mentorship structure and strengthen it with inter-departmental support that aids the men through their incarceration and sets them up for life beyond imprisonment. Evolve aims to reduce recidivism among young men; improve outcomes for young men, their children, and family members; and promote responsible adults. The program provides participants with mentoring and transitional services while in confinement - on and matched to their assessed risks and needs - that support their successful reentry.

All prisons and community correctional centers offer adult basic education and preparation classes for high school diploma equivalency testing. The prisons offer GED testing, while the community centers offer HiSET testing.

## **CONCLUSION**

The 2006 Hawaii State Legislature appropriated \$225,000 to support the intent of §367-2, Gender Responsive Community Based Programs for Women. The appropriation assisted PSD in establishing an Intensive Re-entry Program for high-risk women offenders in need of specialized services in transitioning into employment and pro-social lifestyles in the community. However, budget reductions in the ensuing years required the contracted services to lapse in July of 2009. By the end of FY 2010, PSD was required to reduce correctional programs strictly to constitutionally or legally mandated (core) programs. Most of PSD's contracted vocational and social development programs were, therefore, discontinued as a result of budget reductions.