



**DEPARTMENT OF PUBLIC SAFETY
REPORT TO THE 2018 LEGISLATURE**

**IN REPOSE TO HRS 367D-008
GENDER RESPONSIVE COMMUNITY-BASED
PROGRAMS FOR WOMEN**

Department of Public Safety

**Corrections Program Services Division
December 2017**

The 2006 Hawaii State Legislature mandated through Hawaii Revised Statutes (HRS) §367D-2 that the Department of Public Safety (PSD) foster a gender responsive environment by providing model gender-responsive programs for female offenders that are responsive to statewide needs and geographical areas and award contracts for programs subject to funding by the Legislature. The gender-responsive environment and programs were to:

1. Respond in a rehabilitative way to the type of offense female offenders generally commit and address pathways to crime;
2. Respond to the problems of female offenders with dependent children;
3. Respond to the importance of developing self-determination through independent living and marketable job skills;
4. Assist female offenders in overcoming their own extreme degree of dependency by developing and fostering strong and healthy relationships without losing self- esteem;
5. Respond appropriately to the specific health care needs of women, including but not limited to mental health and substance abuse services;
6. Offer transitional support for female offenders and their families to promote successful reentry into their families and communities; and
7. Offer technical assistance and training toward the implementation of other similar programs.

This report is being submitted in response to HRS §367D-8, which requires PSD to report on the following areas: program descriptions, type and costs of contracts made, name of the private agency awarded each contract, and the success of each contract in meeting program specifications.

Contracted Programs for Incarcerated Women Program Descriptions

Women's Community Correctional Center

Culinary Arts Program - The culinary training at the Women's Community Correctional Center (WCCC) provides a quality education in culinary arts. It is a credited program. Women who finish the program in the facility may enroll in the culinary program at the Kapiolani Community College (KCC). The credits earned at WCCC are transferrable to KCC.

There are four modules covered:

- Module 1: Introduction to Culinary Industry (CULN 111)
- Module 2: Food Safety and Sanitation (CULN 112)

Module 3: Fundamentals of Cookery (CULN 120)
Module 4: Intermediate Cookery (CULN 130).

Women who completed Module 2 –Safety and Sanitation, receive the Serv-Safe certificate, a national certification. Women who completed and passed the four modules earn a certificate of professional development from KCC.

This program was provided through a Memorandum of Agreement (MOA) with KCC. The total cost for the Culinary Arts Program was approximately \$92,000 for delivery and materials for the 4 modules.

College Program - Through a MOA with Windward Community College (WCC), college courses are offered in WCCC, such as College Skills, Psychology, Sociology and Hula. All the classes are paid for by the College's grant for at risk individuals.

Introduction to Green Builds - The program is designed to prepare the women for careers in the construction trade industries. It provides instruction, hands-on training and understanding of basic construction principles needed to complete basic building and repair functions. Students received instruction in carpentry skills; removing and installing electrical devices; removing, installing, repairing plumbing fixtures; installing and repairing drywall; basic masonry repair; and painting. "Green" Construction techniques were covered. The cost to deliver the program was \$55,000.

Mother Read (Parenting) – is a family empowerment and literacy program sponsored by the Hawaii Council for the Humanities. All parents are welcome, including average and poor readers. Participants can improve their parenting skills and learn how to make reading with their children a family experience that is fun and educationally rewarding. Through a variety of books, parents strengthen reading skills, communication with their children, and family bonds. Parents find through participation in the Mother Read class, they can also help their children become better students.

This program was provided through a purchase of service with the Hawaii Council for the Humanities. The total cost of the program for the year was \$1,550.

Hawaii Community Correctional Center (HCCC) also offers a Parenting class as well as a Cognitive Skills class. The classes are taught either by a contract teacher or by a Corrections Education Specialist.

The Office Worker Business Applications Training - is comprised of modules designed to prepare students interested in entering careers in the business environment. The program provides instruction, hands-on training and exercises to reinforce and apply the student's computer skills. The program focuses on the following training modules:

- Introduction to the World of Computers: To gain an overview of the basics of Microsoft Windows 7 from opening, editing and saving applications to copying and pasting and learning shortcut features.
- Business World using Microsoft Word 2013 Level 1: To learn to work with text using formatting tools, creating and using tables and more.
- Business World using Microsoft Word 2013 Level 2: To format text with styles and set up mail, merge documents and labels.
- Business Applications using Microsoft Excel 2013 Level 1: To create charts in Excel, modifying column width and row heights and transmitting.
- Business Applications using Microsoft Excel 2013 Level 2: To apply advanced formatting to worksheet contents.
- Business Presentations using Microsoft PowerPoint 2013 Level 1: To integrate charts to display numerical data and create a SmartArt diagram.

The program was provided through a MOA with the WCC - Community and Career Education. The cost was \$13,100.

Lifestyles for Women – is a comprehensive transition skills training program planned to provide assessments, cognitive skills, job development, job placement, transition services, and intensive re- entry services. The program uses social education and skills training to assist inmates to recognize behavior patterns so the making of errors and unintended consequences are minimized. This training covers Cognitive Skills Training, Life Skills Training, Self-directed Job Search and Personal Transition Planning.

This program is the remnants of the Intensive Reentry Program that was originally funded by the 2006 Hawaii Legislature. Last year, the Legislature granted Hawaii Correctional Industries (HCI) a grant in aid in the amount of \$150,000. The program is delivered by Worknet, Inc. together with a comparable program for men at the Waiawa Correctional Facility (WCF). The latter is also funded by the same grant. It is recommended that the PSD determine if funds are available for continuation of this program.

Substance Abuse Services for Incarcerated Women Program Descriptions

Outpatient Treatment Services (OPS-Level 2) - Through a Purchase of Service Contract (POS) with the Salvation Army ATS, PSD provides a cognitive- behavioral treatment component lasting 44 hours, meeting once per week, which utilizes an evidence-based cognitive-behavioral therapy curriculum. Level 2 services are for female inmates who are at lower risk for criminal conduct and meet diagnostic criteria for substance abuse or dependence. Women receiving services in this

modality of treatment have had minimal disruption in their psychosocial or vocational functioning attributed to substance abuse. The total amount of the contract for the year is \$302,790.

Intensive Outpatient Treatment Services (IOP-Level 2.5) – PSD provides civil service positions for IOP substance abuse treatment services to the female offenders located at WCCC. The IOP treatment modality consists groups sessions lasting two to three hours, four days a week with accompanying individual counseling sessions. Level 2.5 services are for female inmates who are moderate risk for criminal conduct and meet diagnostic criteria for substance abuse or dependence. The female participants in IOP work through gender-specific, evidenced based journals purchased through The Change Companies' Residential Drug Abuse Program. These journals allow the participants to address gender-specific situations to develop and practice the skill sets necessary for a successful transition back into the community. The duration of the program is approximately 9 months to completion. Each group is a closed ended group with a maximum of 15 women per group. Assessment and treatment planning, individual and family counseling, and aftercare services are provided for each participant.

Residential Treatment Services (RES- Level 3) - The Therapeutic Community (TC) of 50-bed capacity is operated by Hina Mauka through a purchase of service agreement with PSD. The program is an intensive long-term, 9 to 12 month TC.

Cognitive-Behavioral Treatment and Social Learning Theory combine to address criminal thinking and behavior. As the TC residents live and work together, separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior. Specialized services are also provided in the area of sexual and physical abuse, domestic violence, criminality and other types of gender responsive issues. The total cost for this program is \$422,000.

Re-Entry/Transition Services (The Bridge Program) - The Bridge Program is a residential substance abuse reentry, work furlough program operated by PSD for inmates who have completed IOP, or residential substance abuse treatment while incarcerated. Programming is provided at both Oahu Community Correctional Center (OCCC) and WCCC. PSD provides three civil service positions to this program. The program provides opportunities to practice social learning, cognitive, and recovery skills in treatment while transitioning to the community. Family Therapy services are offered via purchase POS contract through Institute of Psychological Growth as the inmate re-connects with family and community resources. Funding for this program is provided through a 75/25 percentage split agreement between the Attorney General's Office and the PSD. Total funding for the year is estimated at \$160,000 and is primarily to pay for staffing costs of two substance abuse counselors and two office assistants.

The Cognitive Behavioral Intervention program (CBIP) - Programming is provided through a purchase of services contract awarded to the Salvation Army ATS. Services are provided at OCCC and WCCC. CBIP is designed to address a pattern of negative attitudes and behaviors displayed by the inmate. These attitudes and behaviors are documented on a referral form by the case manager and then submitted to the provider. The purpose of this program is to provide an opportunity for the inmate to “get back on track” without changing custody level and being transferred from community based status to a higher custody level. A participant of this program would be permitted to keep their job but all other privileges would be suspended until they were able to demonstrate significant progress. Once the inmate has made significant progress, the case manager will gradually return privileges until they have all been restored. Costs for this program for the year is \$250,000.

The Relapse Intervention Program (RIP) - Programming for RIP is provided by the Salvation Army ATS through a purchase of services contract at WCCC (Women). The RIP is designed to provide an opportunity for female in furlough programs whom have a positive urinalysis result to remain as minimum security status facility as opposed to medium security status. The case manager would document the circumstances regarding the positive UA on the referral form and submit it to the provider. While in the RIP Program, the offender will participate in evidence based cognitive behavioral programming to specifically target the offender’s needs. These inmates will receive 6 to 9 months of intense intervention and relapse prevention planning. Annual cost for this program is \$125,000. Funding is split between WCCC and WCF (Men).

Transitional Housing Program (YWCA) - The Department has newly awarded the Young Women’s Christian Association (YWCA Fernhurst) with a contract on Oahu to provide community based residential programs for female offenders that focus on transition and re-integration to the community. This program provides job development, money management, life skills, anger management, and domestic-violence, relapse prevention and work furlough opportunities. The program is currently called Ka Hale Ho’Ala Hou No Na Wahine (Home of Re-awakening for Women) has up to 30 beds available. Funding for this contract for the year is \$1,090,000.

Volunteer Programs for Incarcerated Women Program Descriptions

Haku Mo’olelo (Author, Story Writer) Program - This program is a creative-writing, read-aloud program for inmates at the WCCC. It is designed to help inmates write their own stories or tales. A teacher and a work line assistant assist with writing and preparing the stories for publication. The culminating event is sharing read aloud stories for children, parents and community members. The program enhances the inmates’ self-esteem, sharpen their writing skills, and provides the necessary tools to share the joy of reading aloud to their children. The program is provided by the Read to Me International, Hawaii Chapter, a non-profit organization, through the Education Services. The organization has the stories written by the inmates published as short story books.

Women in Need (WIN) - provides stabilizing courses in parenting, domestic violence/anger management, self-esteem, computer skills, job readiness and basic life skills. The program's mission is to empower at risk families by helping them develop the basic tools and skills of personal development and self-sufficiency to become independent and productive members of our community. The classes offered help prevent self-destruction, the repeating cycle of domestic violence, and alcohol and substance abuse. WIN, is a 501(c) 3 non-profit organization.

Independent Living - This course is designed to assist the women preparing to transition from custody to prepare resumes, job applications, as well as forms for daily needs including housing, insurance, and banking to allow their successful reintegration. This program is provided under a grant by YWCA Staff.

Women's Ho'Omau - This program aims to provide survivors of sexual violence with the tools necessary to move through their healing process to allow them to lead healthy productive lives. This program is provided by YWCA through a Victim's Assistance Grant.

Body-Based Healing: Yoga for Survivors of Sexual Assault - This program is a new course intended for consolidation with the Ho'Omau course to utilize yoga for a therapeutic physical relief of physical and psychological issues suffered by victims of sexual violence. This program is also provided by YWCA through a Victim's Assistance Grant.

Independent Living, Women's Ho'Omau and Body-Based Healing: Yoga for Survivors of Sexual Assault programs are delivered by the YWCA staff/practitioners to the women in HCCC through the Education Services.

Toastmasters – a course designed to assist the women in WCCC in enhancing and improving effective and efficient public speaking skills.

Try Think - This course engages participants in meaningful and varied discussions that extend beyond the confines of prison life and to allow participants a safe environment to share and debate those topics. Each course topic (Community and Culture, Civic, 'Ohana, and The World We Lived In) is designed to have participants engage in discussions involving the different "communities" of which they are a part of. It is provided by the Hawaii Council for Humanities through the Education Services.

Total Life Recovery - The WCCC continues to undertake a faith base program, Total Life Recovery. This program is completely run by volunteers under the supervision of the WCCC Chaplain. The program uses the Genesis Process approach where the core material focuses on "identifying and working through underlying issues that drive compulsive addictive behavior". The Genesis Process integrates Bible concepts for personal change, principles for relapse prevention techniques, cognitive therapy principles, and "the latest neurochemistry research

relating to human behavior". This program is very intense and takes approximately 12 to 18 months to complete.

Transforming Lives Prison Ministry - Transforming Lives Prison Ministry (TLPM), founder and OCCC Chaplain, Barbara Gatewood, coordinate and work with the help of facility case managers and supervisors. Waikiki Health has been leading providers for inmates with various housing, medical insurance, bus passes, legal identifications and financial benefits (SNAP). These resources that are crucial part of the offender's successful re-entry into the community and reduce recidivism. The population targets are inmates who are within 6-weeks or less of their release date.

Furthermore, TLPM conducts weekly faith based recovery classes for the women at OCCC. The main focus are developing and applying tools to help overcome repeated cycle of alcohol and substance abuse using biblical principles.

Hawaii Community Correctional Center

Essential Career Skills – This program is presented as an ongoing course for students who do not meet minimum writing and/or reading requirements to effectively gain and/or maintain housing, employment, or other essential services. The focus of the course is on applying critical reading skills for organizing, analyzing, and retaining material and developing written work appropriate to the audience, purpose, situation, and length of assignment. The course integrates preparation in basic applied reading skills and writing in a variety of applied formats.

This program was provided through a purchase of service with Mr. Doug Capogrossi. The total cost of delivery was \$4,586.00.

Maui Community Correctional Center

Computer Skills - This program is offered to the Adults Basic Education (ABE) students. In addition to the academic components, such as reading, math, and communications, the students are taught to recognize and use computers and their peripherals. They are instructed in navigating the Window's environment, and taught the basics of word processing and spreadsheets. Students learn what a program is and how to recognize file types. A Corrections Education Specialist provides the program.

Continuing Education and College Prep - Students at all levels can build an individual program of study in a wide variety of subjects including accounting, tourism and hospitality management, culinary arts, art history and much more. Online instruction is available through Plato Courseware, the Hawaii State Library System, and other online sources that are white-listed. Corrections Education Specialists work with students to guide their progress, and to assist them in researching additional sources online.

Inmates who attain community custody status can request an education furlough to study offsite at University of Hawaii Maui Campus or McKinley School for Adults Maui Campus.

Oahu Community Correctional Center

Self-Development: Women for Better Future - Women for a better future is a cognitive-based skills class focusing on improving the outlook of incarcerated women through engaging curriculum designed to facilitate active community building in the learning process. The curriculum includes visual, auditory and kinesthetic learning lessons which enhance students' understanding of the world, their community and most importantly their selves. Over the course of the 8 week class, students write journals allowing time for active reflection as well as communicate with their peers about topics presented in the classroom. Students will have the opportunity to broaden their depth of understanding about societal, gender and cultural norms. This understanding will allow them to grow and deepen their knowledge base so they are able to better perform in the world of work, school and their community. This course is taught by a Corrections Education Specialist.

All prisons and community correctional centers offer adult basic education and preparation classes for high school diploma equivalency testing. The prisons offer GED testing, while the community centers offer HiSET testing.

CONCLUSION

The 2006 Hawaii State Legislature appropriated \$225,000 to support the intent of HRS §367-2, Gender Responsive Community Based Programs for Women. The appropriation assisted PSD in establishing an Intensive Re-entry Program for high-risk women offenders in need of specialized services in transitioning into employment and pro-social lifestyles in the community. However, budget reductions in the ensuing years required the contracted services to lapse in July of 2009. By the end of FY 2010, PSD was required to reduce correctional programs strictly to constitutionally or legally mandated (core) programs. Most of PSD's contracted vocational and social development programs were, therefore, discontinued as a result of budget reductions.