

	<b>DEPARTMENT OF PUBLIC SAFETY</b>	<b>EFFECTIVE DATE:</b> 11/06/18	<b>POLICY NO.:</b> COR.10.1F.02
	<b>POLICY AND PROCEDURES</b>	<b>SUPERSEDES (Policy No. &amp; Date):</b> COR.10.1F.02 (10/29/2007)	
	<b>SUBJECT:</b> <b>NUTRITION AND MEDICAL DIETS</b>	Page 1 of 4	

**1.0 PURPOSE**

The purpose of this policy is to ensure that nutrition is adequate and that diets are modified when necessary to meet specific requirements related to medical conditions.

**2.0 SCOPE**

This policy applies to all correctional facilities and their assigned personnel.

**3.0 REFERENCES, DEFINITIONS, AND FORMS**

**.1 References**

- a. Hawaii Revised Statutes (HRS), § 26-14.6, Department of Public Safety.
- b. HRS, § 353C-2, Director of Public Safety, Powers and Duties.
- c. Department of Public Safety (PSD), Policies and Procedures (P & P), COR.09.01, Food Service Management.
- d. National Commission on Correctional Health Care, Standards for Health Services in Prisons and Jails, (2018).
- c. United States Department of Agriculture (USDA) Choose MyPlate Dietary Guidelines (2015-2020); Department of Health and Human Services (HHA) 2010.

**.2 Definitions**

- a. Medical Diet: Special diets ordered for temporary or permanent health conditions that is different from the norm by type, preparation and/or amounts of food an individual may eat in an attempt to provide optimum health.
- b. Nutritionally Adequate Diet: Incorporates current United States Department of Agriculture (USDA) dietary guidelines, consistent with the current Dietary Reference intakes for age, gender, and activity levels of the population.

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- c. Registered Dietitian Nutritionist: term adopted by the Commission on Dietetic Registration for optional use by registered dietitians and is equivalent to the "registered dietitian" designation still in use.

**.3 Forms**

- a. DOC 0426 Special Medical Diet (attached).
- b. DOC 0417 Refusal to Consent to Medical/Surgical/Dental Treatment/Medication (attached).

**4.0 POLICY**

- .1 All inmates will be provided a diet that incorporates the principals expressed in the United States Department of Agriculture (USDA) Choose MyPlate Dietary guidelines.
- .2 Religious diets are not classified as medical diets. Food Service may offer an alternative vegetarian meal for all three meals for the entire population in addition to the regular menu to decrease requests for special diets.
- .3 Inmates shall be provided with a medical diet when ordered by the physician, nurse practitioner or dentist. Diet orders shall be clear and specific and shall include type of diet, duration of the diet and any special instructions to the kitchen if necessary.
- .4 A registered or licensed dietitian will review regular and alternative diets for nutritional adequacy at least annually and whenever a substantial change in menus is made. The review may take place through a documented on-site visit or by written consultation. Written documentation of menu reviews shall include the date, signature and title of the consulting dietitian.
- .5 Workers who prepare medical diets shall be trained in preparing appropriate substitutions and portions or shall be required to reference documents approved by the dietician that details allowable substitutions and portions.

**5.0 PROCEDURES**

- .1 The food service manager shall be notified of prescribed medical diets, diet changes, renewals, cancellations and required in between meal feedings on Form DOC 0426, Special Medical Diet.

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- .2 Inmates who refuse a medical diet shall sign Form DOC 0417, Refusal to Consent to Medical/Surgical/Dental Treatment/Medication. Follow up nutritional counseling will be conducted if clinically indicated.
- .3 For emergencies or changes in diets after business hours, or on weekends and holidays, the medical section shall call the food service manager or designee with a telephone diet request. The food service manager or designee shall document the telephone diet request on Form DOC 0509, Special Diet Telephone Order Log. Health Care Services shall develop a procedure that shall ensure that Form DOC 0426 Special Medical Diet is completed per physician orders and forwarded to the kitchen as soon as possible but no later than seventy-two (72) hours after the telephone request.
- .4 On transfer to another facility, inmates on special medical diets shall continue their diet unless discontinued by a physician, nurse practitioner or dentist.

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APPROVAL RECOMMENDED:

*Lawrence M. McNeil*

Medical Director

November 06, 2018

Date

APPROVAL RECOMMENDED:

*Walter J. ...*

Health Care Division Administrator

November 06, 2018

Date

APPROVAL RECOMMENDED:

*Adrian P. Espinoza*

Deputy Director for Corrections

November 06, 2018

Date

APPROVED:

*Adrian P. Espinoza*  
DIRECTOR

November 06, 2018

Date

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